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Office of Nutritional Products  
Labeling & Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

August 15, 2005

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Dear Sir or Madam:


This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our supplement Estro Comfort™ under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Giant Eagle, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life Fitness, Life's Finest, Major Pharmaceutical, Met-Rx, Natural Wealth, Naturalist, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, Radiance, Rexall, Spring Valley, Sundown, US Nutrition, Vitamin Depot, Vitamin World, and WORLDWIDE Sport Nutrition:

**Ingredients:** Vitamin E, Thiamin, Riboflavin, Niacin, Vitamin B-6, Folic Acid, Vitamin B-12, Calcium, Selenium, Date Extract, Magnolia Extract, Soy Isoflavones, Black Cohosh, Boron

- Provides relief from hot flashes and night sweats
- Menopausal Relief
- Estro Comfort offers nutritional support to women before, during, and after the menopausal years.
- This holistic form of supplementation promotes menopausal health by helping to relieve hot flashes, providing relief from night sweats, and supporting the physical changes which occur in your body over time.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

  
Angelica S. Vrablic, Ph.D.  
Manager, Nutrition Research

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